



Physicians Sleep Study Questionnaire

Return this Form to: MPI: Medical Review • MedicalReview@mpiphp.org

Mail: P.O. Box 1999 • Studio City, CA 91614-0999

Please note that MPI does not require pre-authorization for any medical services or procedures. Our benefits are based on Plan guidelines and medical necessity. For medication requests, please use Medication Prior Authorization form.

Provider Data			
Treating Physician or Provider Name (Required)		Today's Date	# of Pages
NPI Number (Required)	Tax ID Number (Required)	Contact Person	
Address (Required)			
City		State	Zip
Email	Phone (Required)	Fax (Required)	

Authorization Data (MPI Retro review will only be done if Date of Service is within 72hrs)			
Patient's Name		Patient's Date of Birth	Age:
Subscribers MPID Number	Subscribers Name		Patient Gender:
Height	Weight:	Neck Size:	
Diagnosis and ICD-10 Codes: <u>(Required)</u>			
Procedure Requested and CPT and/or HCPCS Code(s) and description <u>(Required)</u>			

Snoring Frequency (circle one): Never Occasionally Frequently Always

Loudness: (Use a scale from 1 to 10, 1 = very quiet to 10 = very loud) _____

Hypertension: Yes No Witnessed apneas, choking or gasping: Yes No

Average number of hours of sleep per night: _____

The Epworth Sleepiness Scale

In the patient's typical daily life, how likely is s/he to doze off or fall asleep in the following situations (in contrast to just feeling tired)? If s/he has not been in these situations recently, have his/her imagine how the following situations would affect him/her.

Use the following scale to choose the most appropriate number for the situation:

0 = would never doze **1** = slight chance of dozing **2** = moderate chance of dozing **3** = high chance of dozing

Situations:

Rating:

Watching television	
Sitting, inactive, in a public place (theater, meeting, etc.)	
As a passenger in a car for an hour without a break	
Lying down to rest in the afternoon when circumstances permit	
Sitting and talking to someone	
In a car, while stopped for a few minutes in traffic	
Sitting quietly after lunch without alcohol	