

DURING THE STRIKES,

YOUR EMOTIONAL WELLBEING IS OUR PRIORITY



The Motion Picture Industry Pension & Health Plans (“MPI”) understands that your emotional wellbeing may be challenged during this period of entertainment industry strikes.

Please know
the following
**EMOTIONAL
WELLBEING
ASSISTANCE**
is available
to you.

EMOTIONAL WELLBEING SOLUTIONS, A PROGRAM OF OPTUM BEHAVIORAL HEALTH

- ▶ Call (866) 248-4094
 - ▶ Speak with an employee assistance program representative 24/7, even if you do not currently have medical coverage through MPI
 - ▶ Receive 5 counseling sessions at no cost to you, per issue, per year
 - ▶ Schedule an appointment with a provider, and speak via phone, video chat or in-person
 - ▶ Access videos and articles about anxiety, depression, anger, substance use, family issues, and more
 - ▶ Find a Talkspace provider who is available for video chats or text messages
- 1 Call the Optum EAP line at (866) 248-4094 to receive an “Auth Code”
 - 2 Visit www.talkspace.com/connect and when prompted, enter the site using, “Use my Employee Assistance Program (EAP) option”
 - 3 Enter the “Auth Code” provided to you by Optum and you will then be able to make an appointment with a provider

